

17 January 2023  
S. Anthony, Abbot

AT PRIME

Our Father. Hail Mary. I believe.

✠ ✠ O God make speed to save me.

✠ O Lord, make haste to help me. Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now and ever shall be: world without end. Amen. Alleluia.

Hymn **Jam lucis orto sidere**

**N**OW that the daylight fills the sky,  
We lift our hearts to God on high,  
That he, in all we do or say,  
Would keep us free from harm today.  
Would guard our hearts and tongues  
from strife;  
From anger's din would hide our life;  
From all ill sights would turn our eyes;  
Would close our ears to vanities:  
Would keep our inmost conscience pure;  
Our souls from folly would secure;  
Would bid us check the pride of sense  
With due and holy abstinence.  
So we, when this new day is gone,  
And night in turn is drawing on,  
With conscience by the world unstained,  
Shall praise his name for victory gained.  
All laud to God the Father be;  
All praise, eternal Son, to thee;  
All glory, as is ever meet,  
To God the Holy Paraclete. Amen.

Ant. O my God.

**Psalm 25, i**

**U**NTO thee, O Lord, will I lift up  
my soul; my God, I have put my  
trust in thee: \* O let me not be  
confounded, neither let mine enemies  
triumph over me.

For all they that hope in thee shall not  
be ashamed; \* but such as transgress  
without a cause shall be put to  
confusion.

Shew me thy ways, O Lord, \* and

teach me thy paths.

Lead me forth in thy truth, and learn  
me, \* for thou art the God of my  
salvation; in thee hath been my hope all  
the day long.

Call to remembrance, O Lord, thy  
tender mercies, \* and thy loving-kind-  
nesses, which have been ever of old.

O remember not the sins and offences  
of my youth; \* but according to thy  
mercy think thou upon me, O Lord, for  
thy goodness.

**Psalm 25, ii**

**G**RACIOUS and righteous is the  
Lord; \* therefore will he teach  
sinners in the way.

Them that are meek shall he guide in  
judgement; \* and such as are gentle,  
them shall he learn his way.

All the paths of the Lord are mercy  
and truth, \* unto such as keep his  
covenant and his testimonies.

For thy Name's sake, O Lord, \* be  
merciful unto my sin, for it is great.

What man is he, that feareth the Lord?  
\* him shall he teach in the way that he  
shall choose.

His soul shall dwell at ease, \* and his  
seed shall inherit the land.

The secret of the Lord is among them  
that fear him; \* and he will shew them  
his covenant.

**Psalm 25, iii**

**M**INE eyes are ever looking unto  
the Lord; \* for he shall pluck my  
feet out of the net.

Turn thee unto me, and have mercy  
upon me; \* for I am desolate, and in  
misery.

The sorrows of my heart are enlarged:  
\* O bring thou me out of my troubles.

Look upon my adversity and misery, \*  
and forgive me all my sin.

Consider mine enemies, how many

they are; \* and they bear a tyrannous hate against me.

O keep my soul, and deliver me: \* let me not be confounded, for I have put my trust in thee.

Let perfectness and righteous dealing wait upon me; \* for my hope hath been in thee.

Deliver Israel, O God, \* out of all his troubles.

**Ant.** O my God, I have put my trust in thee: let me not be confounded.

### Chapter

I Tim. 1, 17

**U**NTO the King eternal, immortal, invisible, † the only wise God, be honour and glory \* for ever and ever. Amen. **R.** Thanks be to God.

**Br.** **R.** O Christ, Son of the living God, \* Have mercy upon us. O Christ.

**V.** Thou that sittest at the right hand of God the Father. Have mercy. Glory be. O Christ.

**V.** O Christ, arise, help us. **R.** And deliver us for thy Name's sake.

**V.** O Lord, hear my prayer. **R.** And let my cry come unto thee.

Let us pray.

**O**LORD God Almighty, who hast brought us to the beginning of this day: defend us in the same with thy mighty power; that we may not this day fall into any sin, but that all our thoughts, words, and works may be directed to the fulfilment of thy righteousness. Through. **R.** Amen.

**V.** O Lord, hear my prayer. **R.** And let my cry come unto thee.

**V.** Let us bless the Lord. **R.** Thanks be to God.

**Then, the Martyrology is read, and concludes:**

**V.** And elsewhere many other holy martyrs, confessors, and holy virgins. **R.** Thanks be to God.

**Then the Officiant says:**

**V.** Right dear in the sight of the Lord.

**R.** Is the death of his Saints.

**M**AY holy Mary and all the Saints intercede for us to the Lord: that we may be worthy to obtain from him help and salvation, who liveth and reigneth for ever and ever. **R.** Amen.

**V.** O God make speed to save me. **R.** O Lord, make haste to help me.

**This is said thrice; then follows:**

Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now and ever shall be: world without end. Amen.

Kýrie eléison. Christe eléison. Kýrie eléison.

Our Father **secretly until V.** And lead us not into temptation. **R.** But deliver us from evil.

**V.** Show thy servants thy work, O Lord, and their children thy glory. **R.** And the glorious Majesty of the Lord our God be upon us; prosper thou the work of our hands upon us, O prosper thou our handy-work.

**V.** Glory be to the Father, and to the Son, and to the Holy Ghost. **R.** As it was in the beginning, is now and ever shall be: world without end. Amen.

Let us pray.

**O**LORD God, King of heaven and earth, vouchsafe this day to direct and sanctify, to rule and govern our hearts and bodies, our thoughts, words, and deeds, in the ways of thy laws, and in the works of thy commandments; that by thy help we may be saved and delivered both now and ever, O Saviour of the world. Who livest and reignest, world without end. **R.** Amen.

**V.** Pray, Sir, give me thy blessing.

**Blessing.** May the Lord Almighty order our days and our doings in his peace. *R.* Amen.

**Short Lesson** **Wisdom 10, 10**

**T**HE Lord guided the righteous in right paths, † shewed him the kingdom of God, and gave him knowledge of holy things: \* made him rich in his travels, and multiplied the fruits of his labors. But thou, O Lord, have mercy upon us. *R.* Thanks be to God.

*V.* Our help *✠* is in the name of the Lord. *R.* Who hath made heaven and earth.

*V.* Bless ye. *R.* May God bless us.

**Blessing.** May the Lord bless us, keep us from all evil, and bring us to life everlasting. *✠* And may the souls of the faithful, through the mercy of God, rest in peace. *R.* Amen.

AT TERCE

Our Father. Hail Mary.

*V.* *✠* O God make speed to save me. *R.* O Lord, make haste to help me. Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now and ever shall be: world without end. Amen. Alleluia.

**Hymn** **Nunc Sancte nobis Spiritus**

**C**OME, Holy Ghost, who ever One Art with the Father and the Son; Come, Holy Ghost, our souls possess With thy full flood of holiness.

By every power, by heart and tongue,  
By act and deed, thy praise be sung:  
Inflame with perfect love each sense,  
That others' souls may kindle thence.

O Father, that we ask be done  
Through Jesus Christ, thine only Son,  
Who, with the Holy Ghost and thee,  
Shall live and reign eternally. Amen.

**Ant.** The Lord inclined.

**Psalm 40, i**

**I**WAITED patiently for the Lord, \* and he inclined unto me, and heard my calling.

He brought me also out of the horrible pit, out of the mire and clay, \* and set my feet upon the rock, and ordered my goings.

And he hath put a new song in my mouth, \* even a thanksgiving unto our God.

Many shall see it, and fear, \* and shall put their trust in the Lord.

Blessed is the man that hath set his hope in the Lord, \* and turned not unto the proud, and to such as go about with lies.

O Lord my God, great are the wondrous works which thou hast done, † like as be also thy thought which are to us-ward; \* and yet there is no man that ordereth them unto thee.

If I should declare them, and speak of them, \* they should be more than I am able to express.

Sacrifice, and meat-offering, thou wouldest not, \* but mine ears hast thou opened.

Burnt-offerings, and sacrifice for sin, hast thou not required: \* then said, I, Lo, I come;

In the volume of the book it is written of me, † that I should fulfil thy will, O my God: \* I am content to do it; yea, thy law is within my heart.

**Psalm 40, ii**

**I**HAVE declared thy righteousness in the great congregation: \* lo, I will not refrain my lips, O Lord, and that thou knowest.

I have not hid thy righteousness within my heart: \* my talk hath been of thy truth, and of thy salvation.

I have not kept back thy loving mercy and truth \* from the great congregation.

Withdraw not thou thy mercy from me, O Lord; \* let thy loving-kindness and thy truth always preserve me.

For innumerable troubles are come about me; † my sins have taken such hold upon me that I am not able to look up; \* yea, they are more in number than the hairs of my head, and my heart hath failed me.

O Lord, let it be thy pleasure to deliver me; \* make haste, O Lord, to help me.

**Psalm 40, iii**

**L**ET them be ashamed and confounded together, that seek after my soul to destroy it; \* let them be driven backward and put to rebuke, that wish me evil.

Let them be desolate, and rewarded with shame, \* that say unto me, Fie upon thee, fie upon thee.

Let all those that seek thee be joyful and glad in thee; \* and let such as love thy salvation say always, The Lord be praised.

As for me, I am poor and needy; \* but the Lord careth for me.

Thou art my helper and redeemer; \* make no long tarrying, O my God.

**Ant.** The Lord inclined unto me, and heard my calling.

**Chapter**

**Ecclus. 31, 8-9**

**B**LESSED is the man that is found without blemish: † and hath not gone after gold. \* Who is he and we will call him blessed? for wonderful things hath he done among his people.  
℞ Thanks be to God.

**Br.** ℞ The Lord loved him \* And adorned him. The Lord. √ He clothed him with a robe of glory. And adorned him. Glory be. The Lord.

∇ The mouth of the righteous is exercised in wisdom, and his tongue will be talking of judgement. ℞ For the Lord ordereth a good man's going.

∇ O Lord, hear my prayer. ℞ And let my cry come unto thee.

Let us pray.

**O**LORD, we beseech thee, let the intercession of thy blessed Abbot Anthony commend us unto thee: that those things which for our own merits we cannot ask, we may through his advocacy obtain. Through. ℞ Amen.

∇ O Lord, hear my prayer. ℞ And let my cry come unto thee.

∇ Let us bless the Lord. ℞ Thanks be to God.

∇ ✠ May the souls of the faithful, through the mercy of God, rest in peace.  
℞ Amen.

Our Father, *secretly*.

∇ ✠ Dóminus det nobis suam pacem.  
℞ Et vitam ætérnam. Amen.

**Ant.** Alma \* Redemptóris Mater, quæ pèrvia cæli porta manes, et stella maris, succurre cadénti, surgere qui curat pópulo: tu quæ genuísti, natúra miránte, tuum sanctum Genitórem: Virgo prius ac postérius, Gabriélis ab ore sumens illud Ave, peccatórum miserére.

∇ Post partum, Virgo, invioláta permansísti. ℞ Dei Génitrix, intercède pro nobis.

Oremus.

**D**EUS, qui salútis ætérnæ, beátæ Mariæ virginitáte fœcúnda, humano géneri præmia præstitísti: tribue, quæsumus; ut ipsam pro nobis intercédere sentiámus, per quam merúimus auctórem vitæ suscipere, Dóminum nostrum Jesum Christum, Fílium tuum. ℞ Amen.

∇ ✠ Divínium auxiliúm máneat semper nobiscum. ℞ Amen.

19 January 2023  
S. Elizabeth Seton, W.

AT PRIME

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✠ O Lord, make haste to help me. Glory  
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That he, in all we do or say,  
Would keep us free from harm today.

Would guard our hearts and tongues  
from strife;

From anger's din would hide our life;  
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Would keep our inmost conscience pure;  
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Would bid us check the pride of sense  
With due and holy abstinence.

So we, when this new day is gone,  
And night in turn is drawing on,  
With conscience by the world unstained,  
Shall praise his name for victory gained.

All laud to God the Father be;  
All praise, eternal Son, to thee;  
All glory, as is ever meet,  
To God the Holy Paraclete. Amen.

**Ant.** In a green pasture.

**Psalm 23**

**T**HE Lord is my shepherd; \*  
therefore can I lack nothing.

He shall feed me in a green pasture, \*  
and lead me forth beside the waters of  
comfort.

He shall convert my soul, \* and bring  
me forth in the paths of righteousness  
for his Name's sake.

Yea, though I walk through the valley  
of the shadow of death, † I will fear no

evil; \* for thou art with me; thy rod and  
thy staff comfort me.

Thou shalt prepare a table before me  
against them that trouble me; \* thou  
hast anointed my head with oil, and my  
cup shall be full.

But thy loving-kindness and mercy  
shall follow me all the days of my life; \*  
and I will dwell in the house of the Lord  
for ever.

**Psalm 72, i**

**G**IVE the King thy judgments, O  
God, \* and thy righteousness unto  
the King's son.

Then shall he judge thy people  
according unto right, \* and defend the  
poor.

The mountains also shall bring peace,  
\* and the little hills righteousness unto  
the people.

He shall keep the simple folk by their  
right, \* defend the children of the poor,  
and punish the wrong doer.

They shall fear thee, as long as the sun  
and moon endureth, \* from one  
generation to another.

He shall come down like the rain into  
a fleece of wool, \* even as the drops  
that water the earth.

In his time shall the righteous flourish;  
\* yea, and abundance of peace, so long  
as the moon endureth.

His dominion shall be also from the  
one sea to the other, \* and from the  
flood unto the world's end.

**Psalm 72, ii**

**T**HEY that dwell in the wilderness  
shall kneel before him; \* his  
enemies shall lick the dust.

The kings of Tharsis and of the isles  
shall give presents; \* the kings of  
Arabia and Saba shall bring gifts.

All kings shall fall down before him; \*  
all nations shall do him service.

For he shall deliver the poor when he crieth; \* the needy also, and him that hath no helper.

He shall be favourable to the simple and needy, \* and shall preserve the souls of the poor.

He shall deliver their souls from falsehood and wrong; \* and dear shall their blood be in his sight.

He shall live, and unto him shall be given of the gold of Arabia; \* prayer shall be made ever unto him, and daily shall he be praised.

There shall be an heap of corn in the earth, high upon the hills; \* his fruit shall shake like Libanus, and shall be green in the city like grass upon the earth.

His Name shall endure for ever; † his Name shall remain under the sun among the posterities which shall be blessed through him; \* and all the heathen shall praise him.

Blessed be the Lord God, even the God of Israel, \* which only doeth wondrous things;

And blessed be the name of his majesty for ever: \* and all the earth shall be filled with his majesty. Amen. Amen.

**Ant.** In a green pasture the Lord my shepherd shall feed me.

## Chapter

## I Tim. 1, 17

**U**NTO the King eternal, immortal, invisible, † the only wise God, be honour and glory \* for ever and ever. Amen. **R.** Thanks be to God.

**Br.** **R.** O Christ, Son of the living God, \* Have mercy upon us. O Christ. **V.** Thou that sittest at the right hand of God the Father. Have mercy. Glory be. O Christ.

**V.** O Christ, arise, help us. **R.** And deliver us for thy Name's sake.

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Let us pray.

**O** LORD God Almighty, who hast brought us to the beginning of this day: defend us in the same with thy mighty power; that we may not this day fall into any sin, but that all our thoughts, words, and works may be directed to the fulfilment of thy righteousness. Through. **R.** Amen.

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Our Father **secretly until** **V.** And lead us not into temptation. **R.** But deliver us from evil.

**V.** Show thy servants thy work, O Lord, and their children thy glory. **R.** And the glorious Majesty of the Lord our God be upon us; prosper thou the work of our hands upon us, O prosper thou our handy-work.

∇ Glory be to the Father, and to the Son, and to the Holy Ghost. ℞ As it was in the beginning, is now and ever shall be: world without end. Amen.

Let us pray.

**O** LORD God, King of heaven and earth, vouchsafe this day to direct and sanctify, to rule and govern our hearts and bodies, our thoughts, words, and deeds, in the ways of thy laws, and in the works of thy commandments; that by thy help we may be saved and delivered both now and ever, O Saviour of the world. Who livest and reignest, world without end. ℞ Amen.

∇ Pray, Sir, give me thy blessing.

**Blessing.** May the Lord Almighty order our days and our doings in his peace. ℞ Amen.

**Short Lesson** **Ecclus. 51, 8**

**T**HEN thought I upon thy mercy, O Lord, and upon thy acts of old, † how thou deliverest such as wait for thee, \* and savest them out of the hands of the enemies, O Lord our God. But thou, O Lord, have mercy upon us. ℞ Thanks be to God.

∇ Our help ✠ is in the name of the Lord. ℞ Who hath made heaven and earth.

∇ Bless ye. ℞ May God bless us.

**Blessing.** May the Lord bless us, keep us from all evil, and bring us to life everlasting. ✠ And may the souls of the faithful, through the mercy of God, rest in peace. ℞ Amen.

AT TERCE

Our Father. Hail Mary.

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**Hymn** **Nunc Sancte nobis Spiritus**

**C**OME, Holy Ghost, who ever One  
Art with the Father and the Son;  
Come, Holy Ghost, our souls possess  
With thy full flood of holiness.

By every power, by heart and tongue,  
By act and deed, thy praise be sung:  
Inflame with perfect love each sense,  
That others' souls may kindle thence.

O Father, that we ask be done  
Through Jesus Christ, thine only Son,  
Who, with the Holy Ghost and thee,  
Shall live and reign eternally. Amen.

**Ant.** Truly God is loving †

**Psalm 73, i**

**T**RULY God is loving † unto Israel:  
\* even unto such as are of a clean heart.

Nevertheless, my feet were almost gone, \* my treadings had well-nigh slipt.

And why? I was grieved at the wicked: \* I do also see the ungodly in such prosperity.

For they are in no peril of death; \* but are lusty and strong.

They come in no misfortune like other folk; \* neither are they plagued like other men.

And this is the cause that they are so holden with pride, \* and overwhelmed with cruelty.

Their eyes swell with fatness, \* and they do even what they lust.

They corrupt other, and speak of wicked blasphemy; \* their talking is against the Most High.

For they stretch forth their mouth unto the heaven, \* and their tongue goeth through the world.

**Psalm 73, ii**

**T**HEREFORE fall the people unto them, \* and thereout suck they no small advantage.

Tush, say they, how should God

perceive it? \* is there knowledge in the Most High?

Lo, these are the ungodly, \* these prosper in the world, and these have riches in possession:

And I said, Then have I cleansed my heart in vain, \* and washed mine hands in innocency.

All the day long have I been punished, \* and chastened every morning.

Yea, and I had almost said even as they; \* but lo, then I should have condemned the generation of thy children.

Then thought I to understand this; \* but it was too hard for me,

Until I went into sanctuary of God: \* then understood I the end of these men;

Namely, how thou dost set them in slippery places, \* and castest them down, and destroyest them.

**Psalm 73, iii**

**O**HOW suddenly do they consume, \* perish, and come to a fearful end!

Yea, even like as a dream when one awaketh; \* so shalt thou make their image to vanish out of the city.

Thus my heart was grieved, \* and it went even through my reins.

So foolish was I, and ignorant, \* even as it were a beast before thee.

Nevertheless, I am always by thee; \* for thou hast holden me by my right hand.

Thou shalt guide me with thy counsel, \* and after that receive me with glory.

Whom have I in heaven but thee? \* and there is none upon earth that I desire in comparison of thee.

My flesh and my heart faileth; \* but God is the strength of my heart, and my portion for ever.

For lo, they that forsake thee shall perish ; \* thou hast destroyed all them that commit fornication against thee.

But it is good for me to hold me fast by God, † to put my trust in the Lord God, \* and to speak of all thy works in the gates of the daughter of Sion.

**Ant.** Truly God is loving unto Israel: even unto such as are of a clean heart..

**Chapter**

**Prov. 31, 10–11**

**W**HO can find a virtuous woman, for her price is far above rubies.

† The heart of her husband doth safely trust in her, \* so that he shall have no need of spoil. **R.** Thanks be to God.

**Br. R.** In thy comeliness, \* Yea, in thy beauty. In thy. **V.** Go forth, ride prosperously, and reign. Yea, in thy beauty. Glory be. In thy.

**V.** God shall help her with his countenance. **R.** God is in the midst of her, therefore shall she not be removed.

**V.** O Lord, hear my prayer. **R.** And let my cry come unto thee.

Let us pray.

**O**GOD, who didst endow blessed Elizabeth with many gifts of grace that she might spend her life in the service of thy faithful people: grant we beseech thee; that by her example and intercession, we may express our love for thee in service to our brethren. Through. **R.** Amen.

**V.** O Lord, hear my prayer. **R.** And let my cry come unto thee.

**V.** Let us bless the Lord. **R.** Thanks be to God.

**V. ✠** May the souls of the faithful, through the mercy of God, rest in peace. **R.** Amen.

Our Father, **secretly.**

**V. ✠** Dóminus det nobis suam pacem. **R.** Et vitam ætérnam. Amen.

**Ant.** Alma \* Redemptóris Mater, quæ pèrvia cæli porta manes, et stella maris, succúrre cadénti, súrgere qui curat pópulo: tu quæ genuisti, natúra miránte,

tuum sanctum Genitorem: Virgo prius ac posterior, Gabriélis ab ore sumens illud Ave, peccatorum miserere.

✠ Post partum, Virgo, inviolata permansisti. ✠ Dei Génitrix, intercède pro nobis.

Oremus.

**D**EUS, qui salutis aeternae, beatae Mariae virginitate fecunda,

humano generi praemia praestitisti: tribue, quaesumus; ut ipsam pro nobis intercedere sentiamus, per quam meruimus auctorem vitae suscipere, Dominum nostrum Jesum Christum, Filium tuum. ✠ Amen.

✠ ✠ Divinum auxilium maneat semper nobiscum. ✠ Amen.

20 January 2023

## Ss. Fabian, P., & Sebastian, Mm.

AT PRIME

Psalm 22, 1

Our Father. Hail Mary. I believe.

✠ ✠ O God make speed to save me.

✠ O Lord, make haste to help me. Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now and ever shall be: world without end. Amen. Alleluia.

**Hymn** *Jam lucis orto sidere*

**N**OW that the daylight fills the sky,  
We lift our hearts to God on high,  
That he, in all we do or say,  
Would keep us free from harm today.  
Would guard our hearts and tongues  
from strife;  
From anger's din would hide our life;  
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So we, when this new day is gone,  
And night in turn is drawing on,  
With conscience by the world unstained,  
Shall praise his name for victory gained.

All laud to God the Father be;  
All praise, eternal Son, to thee;  
All glory, as is ever meet,  
To God the Holy Paraclete. Amen.

**Ant.** O go not from me, Lord.

**M**Y God, my God, look upon me;  
why hast thou forsaken me? \*  
and art so far from my health, and from  
the words of my complaint?

O my God, I cry in the day-time, but  
thou hearest not; \* and in the night-  
season also I take no rest.

And thou continuest holy, \* O thou  
worship of Israel.

Our fathers hoped in thee; \* they  
trusted in thee, and thou didst deliver  
them.

They called upon thee, and were  
helpen; \* they put their trust in thee, and  
were not confounded.

But as for me, I am a worm, and no  
man; \* a very scorn of men, and the  
outcast of the people.

All they that see me laugh me to  
scorn; \* they shoot out their lips, and  
shake their heads, saying,

He trusted in God, that he would  
deliver him; \* let him deliver him, if he  
will have him.

But thou art he that took me out of my  
mother's womb; \* thou wast my hope,  
when I hanged yet upon my mother's  
breasts.

I have been left unto thee ever since I  
was born; \* thou art my God even from  
my mother's womb.

O go not from me, † for trouble is  
hard at hand, \* and there is none to help  
me.

Psalm 22, ii

**M**ANY oxen are come about me; \*  
\* fat bulls of Basan close me in on  
every side.

They gape upon me with their mouths,  
\* as it were a ramping and a roaring lion.

I am poured out like water, and all my  
bones are out of joint; \* my heart also in  
the midst of my body is even like  
melting wax.

My strength is dried up like a  
potsherd, † and my tongue cleaveth to  
my gums, \* and thou shalt bring me into  
the dust of death.

For many dogs are come about me, \*  
and the council of the wicked layeth  
siege against me.

They pierced my hands and my feet; I  
may tell all my bones: \* they stand  
staring and looking upon me.

They part my garments among them,  
\* and cast lots upon my vesture.

But be not thou far from me, O Lord;  
\* thou art my succour, haste thee to help  
me.

Deliver my soul from the sword, \* my  
darling from the power of the dog.

Save me from the lion's mouth; \* thou  
hast heard me also from among the  
horns of the unicorns.

I will declare thy Name unto my  
brethren; \* in the midst of the  
congregation will I praise thee.

Psalm 22, iii

**O** PRAISE the Lord, ye that fear  
him: \* magnify him, all ye of the  
seed of Jacob, and fear him, all ye seed  
of Israel.

For he hath not despised, nor  
abhorred, the low estate of the poor; \*  
he hath not hid his face from him, but  
when he called unto him he heard him.

My praise is of thee in the great  
congregation; \* my vows will I perform  
in the sight of them that fear him.

The poor shall eat, and be satisfied; \*

they that seek after the Lord shall praise  
him; your heart shall live for ever.

All the ends of the world shall  
remember themselves, and be turned  
unto the Lord; \* and all the kindreds of  
the nations shall worship before him.

For the kingdom is the Lord's, \* and  
he is the Governour among the people.

All such as be fat upon earth \* have  
eaten and worshipped.

All they that go down into the dust  
shall kneel before him; \* and no man  
hath quickened his own soul.

My seed shall serve him: \* they shall  
be counted unto the Lord for a  
generation.

They shall come, and the heavens  
shall declare his righteousness \* unto a  
people that shall be born, whom the  
Lord hath made.

**Ant.** O go not from me, Lord, for  
trouble is hard at hand, and there is none  
to help me.

Chapter

I Tim. 1, 17

**U**NTO the King eternal, immortal,  
invisible, † the only wise God, be  
honour and glory \* for ever and ever.  
Amen. ☩ Thanks be to God.

**Br.** ☩ O Christ, Son of the living God,  
\* Have mercy upon us. O Christ.  
☩ Thou that sittest at the right hand of  
God the Father. Have mercy. Glory be.  
O Christ.

☩ O Christ, arise, help us. ☩ And  
deliver us for thy Name's sake.

☩ O Lord, hear my prayer. ☩ And let  
my cry come unto thee.

Let us pray.

**O** LORD God Almighty, who hast  
brought us to the beginning of this  
day: defend us in the same with thy  
mighty power; that we may not this day  
fall into any sin, but that all our thoughts,  
words, and works may be directed to the  
fulfilment of thy righteousness. Through.  
☩ Amen.

☩ O Lord, hear my prayer. 🙏 And let my cry come unto thee.

☩ Let us bless the Lord. 🙏 Thanks be to God.

**Then, the Martryology is read, and concludes:**

☩ And elsewhere many other holy martyrs, confessors, and holy virgins. 🙏 Thanks be to God.

**Then the Officiant says:**

☩ Right dear in the sight of the Lord. 🙏 Is the death of his Saints.

**M**AY holy Mary and all the Saints intercede for us to the Lord: that we may be worthy to obtain from him help and salvation, who liveth and reigneth for ever and ever. 🙏 Amen.

☩ O God make speed to save me. 🙏 O Lord, make haste to help me.

**This is said thrice; then follows:**

Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now and ever shall be: world without end. Amen.

Kýrie eléison. Christe eléison. Kýrie eléison.

Our Father **secretly until** ☩ And lead us not into temptation. 🙏 But deliver us from evil.

☩ Show thy servants thy work, O Lord, and their children thy glory. 🙏 And the glorious Majesty of the Lord our God be upon us; prosper thou the work of our hands upon us, O prosper thou our handy-work.

☩ Glory be to the Father, and to the Son, and to the Holy Ghost. 🙏 As it was in the beginning, is now and ever shall be: world without end. Amen.

Let us pray.

**O** LORD God, King of heaven and earth, vouchsafe this day to direct and sanctify, to rule and govern our hearts and bodies, our thoughts, words,

and deeds, in the ways of thy laws, and in the works of thy commandments; that by thy help we may be saved and delivered both now and ever, O Saviour of the world. Who livest and reignest, world without end. 🙏 Amen.

☩ Pray, Sir, give me thy blessing.

**Blessing.** May the Lord Almighty order our days and our doings in his peace. 🙏 Amen.

**Short Lesson**

**Wis. 10, 17**

**T**HE righteous shall shine, and run to and fro like sparks among the stubble. † They shall judge the nations, and have dominion over the people, \* and their Lord shall reign for ever. But thou, O Lord, have mercy upon us. 🙏 Thanks be to God.

☩ Our help ✠ is in the name of the Lord. 🙏 Who hath made heaven and earth.

☩ Bless ye. 🙏 May God bless us.

**Blessing.** May the Lord bless us, keep us from all evil, and bring us to life everlasting. ✠ And may the souls of the faithful, through the mercy of God, rest in peace. 🙏 Amen.

**AT TERCE**

Our Father. Hail Mary.

☩ ✠ O God make speed to save me. 🙏 O Lord, make haste to help me. Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now and ever shall be: world without end. Amen. Alleluia.

**Hymn Nunc Sancte nobis Spiritus**

**C**OME, Holy Ghost, who ever One  
Art with the Father and the Son;  
Come, Holy Ghost, our souls possess  
With thy full flood of holiness.

By every power, by heart and tongue,  
By act and deed, thy praise be sung:  
Inflame with perfect love each sense,  
That others' souls may kindle thence.

O Father, that we ask be done  
Through Jesus Christ, thine only Son,  
Who, with the Holy Ghost and thee,  
Shall live and reign eternally. Amen.

**Ant.** Stir up, O Lord.

**Psalm 80, i**

**H**EAR O thou Shepherd of Israel,  
thou that ledest Joseph like a  
sheep;\* shew thyself also, thou that  
sittest upon the Cherubims.

Before Ephraim, Benjamin, and  
Manasses, \* stir up thy strength, and  
come, and help us.

Turn us again, O God; \* shew the  
light of thy countenance, and we shall  
be whole.

O Lord God of Hosts, \* how long will  
thou be angry with thy people that  
prayeth?

Thou feedest them with the bread of  
tears, \* and givest them plenteousness  
of tears to drink.

Thou hast made us a very strife unto  
our neighbours, \* and our enemies  
laugh us to scorn.

Turn us again, thou God of Hosts; \*  
shew the light of thy countenance, and  
we shall be whole.

**Psalm 80, ii**

**T**HOU hast brought a vine out of  
Egypt; \* thou hast cast out the  
heathen, and planted it.

Thou madest room for it; \* and when  
it had taken root it filled the land.

The hills were covered with the  
shadow of it, \* and the boughs thereof  
were like the goodly cedar-trees.

She stretched out her branches unto  
the sea, \* and her boughs unto the  
River.

Why hast thou then broken down her  
hedge, \* that all they that go by pluck  
off her grapes?

The wild boar out of the wood doth  
root it up, \* and the wild beasts of the  
field devour it.

Turn thee again, thou God of Hosts,  
look down from heaven, \* behold, and  
visit this vine;

And the place of the vineyard that thy  
right hand hath planted, \* and the  
branch that thou madest so strong for  
thyself.

It is burnt with fire, and cut down; \*  
and they shall perish at the rebuke of thy  
countenance.

Let thy hand be upon the man of thy  
right hand, \* and upon the son of man,  
whom thou madest so strong for thine  
own self.

And so will not we go back from thee:  
\* O let us live, and we shall call upon  
thy Name.

Turn us again, O Lord God of Hosts;  
\* shew the light of thy countenance, and  
we shall be whole.

**Psalm 82**

**G**OD standeth in the congregation  
of princes; \* he is a Judge among  
gods.

How long will ye give wrong  
judgement, \* and accept the persons of  
the ungodly?

Defend the poor and fatherless; \* see  
that such as are in need and necessity  
have right.

Deliver the outcast and poor; \* save  
them from the hand of the ungodly.

They will not be learned nor  
understand, but walk on still in  
darkness: \* all the foundations of the  
earth are out of course.

I have said, Ye are gods, \* and ye are  
all the children of the Most Highest.

But ye shall die like men, \* and fall  
like one of the princes.

Arise, O God, and judge thou the  
earth; \* for thou shalt take all heathen to  
thine inheritance.

**Ant.** Stir up, O Lord, thy strength, and  
come and help us.

**Chapter****Wis. 3, 1**

**T**HE Souls of the righteous are in the hand of God, and there shall no torment touch them. † In the sight of the unwise they seemed to die, \* but they are at peace. **R** Thanks be to God.

**Br. R** Be glad, O ye righteous, \* And rejoice in the Lord. Be glad. **V** And be joyful, all ye that are true of heart. And rejoice. Glory be. Be glad.

**V** Let the righteous be glad, and rejoice before God. **R** Let them also be merry and joyful.

**V** O Lord, hear my prayer. **R** And let my cry come unto thee.

Let us pray.

**A**LMIGHTY God, mercifully look upon our infirmities: and whereas we are sore afflicted by the burden of our sins, let the glorious intercession of thy blessed Martyrs Fabian and Sebastian be our succour and defence. Through. **R** Amen.

**V** O Lord, hear my prayer. **R** And let my cry come unto thee.

**V** Let us bless the Lord. **R** Thanks be to God.

**V** ✠ May the souls of the faithful, through the mercy of God, rest in peace. **R** Amen.

Our Father, **secretly**.

**V** ✠ Dóminus det nobis suam pacem. **R** Et vitam aeternam. Amen.

**Ant.** Alma \* Redemptóris Mater, quæ pèrvia cæli porta manes, et stella maris, succurre cadénti, súrgere qui curat populo: tu quæ genuisti, natúra miránte, tuum sanctum Genitórem: Virgo prius ac postérius, Gabriélis ab ore sumens illud Ave, peccatórum miserére.

**V** Post partum, Virgo, invioláta permansisti. **R** Dei Génitrix, intercède pro nobis.

Oremus.

**D**EUS, qui salútis aeternæ, beatæ Mariæ virginitáte focúnda, humano géneri præmia præstitisti: tribue, quæsumus; ut ipsam pro nobis intercédere sentiámus, per quam merúimus auctórem vitæ suscipere, Dóminum nostrum Jesum Christum, Fílium tuum. **R** Amen.

**V** ✠ Divínium auxiliúm máneat semper nobiscum. **R** Amen.

## Saint Clement's Church

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