

10 July 2023

Ss. Seven Brethren, Mm. & Rufina & Secunda, Vv.Mm.

AT PRIME

Our Father. Hail Mary. I believe.

✠ ✠ O God make speed to save me.

✠ O Lord, make haste to help me. Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now and ever shall be: world without end. Amen. Alleluia.

Hymn **Jam lucis orto sidere**

NOW that the daylight fills the sky,
We lift our hearts to God on high,
That he, in all we do or say,
Would keep us free from harm today.

Would guard our hearts and tongues
from strife;

From anger's din would hide our life;
From all ill sights would turn our eyes;
Would close our ears to vanities:

Would keep our inmost conscience pure;
Our souls from folly would secure;
Would bid us check the pride of sense
With due and holy abstinence.

So we, when this new day is gone,
And night in turn is drawing on,
With conscience by the world unstained,
Shall praise his name for victory gained.

All laud to God the Father be;
All praise, eternal Son, to thee;
All glory, as is ever meet,
To God the Holy Paraclete. Amen.

Ant. He that hath clean hands.

Psalm 24

THE earth is the Lord's, and all that therein is; * the compass of the world, and they that dwell therein.

For he hath founded it upon the seas, * and prepared it upon the floods.

Who shall ascend into the hill of the Lord? * or who shall rise up in his holy place?

Even he that hath clean hands, and a pure heart; * and that hath not lift up his

mind unto vanity, nor sworn to deceive his neighbour.

He shall receive the blessing from the Lord, * and righteousness from the God of his salvation.

This is the generation of them that seek him; * even of them that seek thy face, O Jacob.

Lift up your heads, O ye gates, † and be ye lift up, ye everlasting doors; * and the King of glory shall come in.

Who is the King of glory? * It is the Lord strong and mighty, even the Lord mighty in battle.

Lift up your heads, O ye gates, † and be ye lift up, ye everlasting doors; * and the King of glory shall come in.

Who is the King of glory? * Even the Lord of hosts, he is the King of glory.

Psalm 19, i

THE heavens declare the glory of God; * and the firmament sheweth his handy-work.

One day telleth another; * and one night certifieth another.

There is neither speech nor language; * but their voices are heard among them.

Their sound is gone out into all lands; * and their words into the ends of the world.

In them hath he set a tabernacle for the sun; * which cometh forth as a bridegroom out of his chamber, and rejoiceth as a giant to run his course.

It goeth forth from the uttermost part of the heaven, † and runneth about unto the end of it again; * and there is nothing hid from the heat thereof.

Psalm 19, ii

THE law of the Lord is an undefiled law, converting the soul; * the testimony of the Lord is sure, and giveth wisdom unto the simple.

The statutes of the Lord are right, and rejoice the heart; * the commandment of the Lord is pure, and giveth light unto the eyes.

The fear of the Lord is clean, and endureth for ever; * the judgements of the Lord are true, and righteous altogether.

More to be desired are they than gold, yea, than much fine gold; * sweeter also than honey, and the honeycomb.

Moreover, by them is thy servant taught; * and in keeping of them there is great reward.

Who can tell how oft he offendeth? * O cleanse thou me from my secret faults.

Keep thy servant also from presumptuous sins, lest they get the dominion over me; * so shall I be undefiled, and innocent from the great offence.

Let the words of my mouth, and the meditation of my heart, be always acceptable in thy sight, * O Lord, my strength, and my redeemer.

Ant. He that hath clean hands and a pure heart shall ascend into the hill of the Lord.

Chapter

I Tim. 1, 17

UNTO the King eternal, immortal, invisible, † the only wise God, be honour and glory * for ever and ever. Amen. **R.** Thanks be to God.

Br. R. O Christ, Son of the living God, * Have mercy upon us. O Christ. **V.** Thou that sittest at the right hand of God the Father. Have mercy. Glory be. O Christ.

V. O Christ, arise, help us. **R.** And deliver us for thy Name's sake.

Kýrie eléison. Christe eléison. Kýrie eléison.

Our Father **secretly until V.** And lead us not into temptation. **R.** But deliver us from evil.

I believe in God **secretly until V.** The resurrection of the body. **R.** And the life **X** everlasting. Amen.

V. Unto thee have I cried, O Lord. **R.** And early shall my prayer come before thee.

V. O let my mouth be filled with thy praise. **R.** That I may sing of thy glory and honour all the day long.

V. O Lord, turn thy face from my sins. **R.** And put out all my misdeeds.

V. Make me a clean heart, O God. **R.** And renew a right spirit within me.

V. Cast me not away from thy presence. **R.** And take not thy Holy Spirit from me.

V. O give me the comfort of thy help again. **R.** And stablish me with thy free spirit.

V. Our help **X** is in the name of the Lord. **R.** Who hath made heaven and earth.

The Choir says together:

ICONFESS to God Almighty, to blessed Mary ever-Virgin, to blessed Michael the Archangel, to blessed John the Baptist, to the holy Apostles Peter and Paul, and to all the Saints, that I have sinned exceedingly in thought, word, and deed: by my fault, by my own fault, by my own most grievous fault. Wherefore I beg blessed Mary ever-Virgin, blessed Michael the Archangel, blessed John the Baptist, the holy Apostles Peter and Paul, and all the Saints, to pray for me to the Lord our God.

The Officiant says:

Almighty God have mercy upon us, forgive us our sins, and bring us to everlasting life. **R.** Amen.

The Almighty **X** and merciful Lord grant us pardon, absolution, and remission of our sins. **R.** Amen.

☩ Vouchsafe, O Lord, to keep us this day without sin. ☩ O Lord, have mercy upon us, have mercy upon us.

☩ O Lord, let thy mercy lighten upon us. ☩ As our trust is in thee.

☩ O Lord, hear my prayer. ☩ And let my cry come unto thee.

Let us pray.

O LORD God Almighty, who hast brought us to the beginning of this day: defend us in the same with thy mighty power; that we may not this day fall into any sin, but that all our thoughts, words, and works may be directed to the fulfilment of thy righteousness. Through. ☩ Amen.

☩ O Lord, hear my prayer. ☩ And let my cry come unto thee.

☩ Let us bless the Lord. ☩ Thanks be to God.

Then, the Martyrology is read, and concludes:

☩ And elsewhere many other holy martyrs, confessors, and holy virgins. ☩ Thanks be to God.

Then the Officiant says:

☩ Right dear in the sight of the Lord. ☩ Is the death of his Saints.

MAY holy Mary and all the Saints intercede for us to the Lord: that we may be worthy to obtain from him help and salvation, who liveth and reigneth for ever and ever. ☩ Amen.

☩ O God make speed to save me. ☩ O Lord, make haste to help me.

This is said thrice; then follows:

Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now and ever shall be: world without end. Amen.

Kýrie eléison. Christe eléison. Kýrie eléison.

Our Father **secretly until** ☩ And lead us not into temptation. ☩ But deliver us from evil.

☩ Show thy servants thy work, O Lord, and their children thy glory. ☩ And the glorious Majesty of the Lord our God be upon us; prosper thou the work of our hands upon us, O prosper thou our handy-work.

☩ Glory be to the Father, and to the Son, and to the Holy Ghost. ☩ As it was in the beginning, is now and ever shall be: world without end. Amen.

Let us pray.

O LORD God, King of heaven and earth, vouchsafe this day to direct and sanctify, to rule and govern our hearts and bodies, our thoughts, words, and deeds, in the ways of thy laws, and in the works of thy commandments; that by thy help we may be saved and delivered both now and ever, O Saviour of the world. Who livest and reignest, world without end. ☩ Amen.

☩ Pray, Sir, give me thy blessing.

Blessing. May the Lord Almighty order our days and our doings in his peace. ☩ Amen.

Short Lesson

Wis. 10, 17

THE righteous shall shine, and run to and fro like sparks among the stubble. † They shall judge the nations, and have dominion over the people, * and their Lord shall reign for ever. But thou, O Lord, have mercy upon us. ☩ Thanks be to God.

☩ Our help ✠ is in the name of the Lord. ☩ Who hath made heaven and earth.

☩ Bless ye. ☩ May God bless us.

Blessing. May the Lord bless us, keep us from all evil, and bring us to life everlasting. ✠ And may the souls of the faithful, through the mercy of God, rest in peace. ☩ Amen.

AT TERCE

✠ ✠ O God make speed to save me.

✠ O Lord, make haste to help me. Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now and ever shall be: world without end. Amen. Alleluia.

Hymn **Nunc Sancte nobis Spiritus**

COME, Holy Ghost, who ever One
Art with the Father and the Son;
Come, Holy Ghost, our souls possess
With thy full flood of holiness.

By every power, by heart and tongue,
By act and deed, thy praise be sung:
Inflame with perfect love each sense,
That others' souls may kindle thence.

O Father, that we ask be done
Through Jesus Christ, thine only Son,
Who, with the Holy Ghost and thee,
Shall live and reign eternally. Amen.

Ant. My light.

Psalm 27, i

THE Lord is my light, and my
salvation; † whom then shall I fear?
* the Lord is the strength of my life; of
whom then shall I be afraid?

When the wicked, even mine enemies
and my foes, † came upon me to eat up
my flesh, * they stumbled and fell.

Though an host of men were laid
against me, yet shall not my heart be
afraid; * and though there rose up war
against me, yet will I put my trust in
him.

One thing have I desired of the Lord,
which I will require; * even that I may
dwell in the house of the Lord all the
days of my life, to behold the fair beauty
of the Lord, and to visit his temple.

For in the time of trouble he shall hide
me in his tabernacle; * yea, in the secret
place of his dwelling shall he hide me,
and set me up upon a rock of stone.

And now shall he lift up mine head *
above mine enemies round about me.

Therefore will I offer in his dwelling
an oblation with great gladness: * I will
sing and speak praises unto the Lord.

Psalm 27, ii

HEARKEN unto my voice, O Lord,
when I cry unto thee; * have
mercy upon me, and hear me.

My heart hath talked of thee, Seek ye
my face: * Thy face, Lord, will I seek.

O hide not thou thy face from me, *
nor cast thy servant away in displeasure.

Thou hast been my succour; * leave
me not, neither forsake me, O God of
my salvation.

When my father and my mother
forsake me, * the Lord taketh me up.

Teach me thy way, O Lord, * and lead
me in the right way, because of mine
enemies.

Deliver me not over into the will of
mine adversaries: * for there are false
witnesses risen up against me, and such
as speak wrong.

I should utterly have fainted, * but that
I believe verily to see the goodness of
the Lord in the land of the living.

O tarry thou the Lord's leisure; * be
strong, and he shall comfort thine heart;
and put thou thy trust in the Lord.

Psalm 28

UNTO thee will I cry, O Lord my
strength: * think no scorn of me;
lest, if thou make as though thou hearest
not, I come like them that go down into
the pit.

Hear the voice of my humble
petitions, when I cry unto thee; * when I
hold up my hands towards the mercy-
seat of thy holy temple.

O pluck me not away, neither destroy
me with the ungodly and wicked doers,
* which speak friendly to their
neighbours, but imagine mischief in
their hearts.

Reward them according to their deeds,
* and according to the wickedness of

their own inventions.

Recompense them after the work of their hands; * pay them that they have deserved.

For they regard not in their mind the works of the Lord, † nor the operation of his hands; * therefore shall he break them down, and not build them up.

Praised be the Lord; * for he hath heard the voice of my humble petitions.

The Lord is my strength, and my shield; † my heart hath trusted in him, and I am helped; * therefore my heart danceth for joy, and in my song will I praise him.

The Lord is my strength, * and he is the wholesome defence of his Anointed.

O save thy people, and give thy blessing unto thine inheritance: * feed them, and set them up for ever.

Ant. My light and my salvation is the Lord.

Chapter

Wis. 3, 1

THE Souls of the righteous are in the hand of God, and there shall no torment touch them. † In the sight of the unwise they seemed to die, * but they are at peace. **R.** Thanks be to God.

Br. **R.** Be glad, O ye righteous, * And rejoice in the Lord. Be glad. **V.** And be joyful, all ye that are true of heart. And rejoice. Glory be. Be glad.

V. Let the righteous be glad, and rejoice before God. **R.** Let them also be merry and joyful.

V. O Lord, hear my prayer. **R.** And let my cry come unto thee.

Let us pray.

GRANT, we beseech thee, almighty God: that, as we have known thy

glorious Martyrs to be constant in their confession, so we may feel the succour of their loving intercession.. Through. **R.** Amen.

V. O Lord, hear my prayer. **R.** And let my cry come unto thee.

V. Let us bless the Lord. **R.** Thanks be to God.

V. * May the souls of the faithful, through the mercy of God, rest in peace. **R.** Amen.

Our Father, **secretly.**

V. * Dóminus det nobis suam pacem. **R.** Et vitam ætérnam. Amen.

Ant. Salve, Regína, * mater misericórdiæ; vita, dulcédo et spes nostra, salve. Ad te clamámus exsúles filii Hevæ. Ad te suspirámus geméntes et fléntes in hac lacrimárum valle. Eja ergo, advocáta nostra, illos tuos misericórdes óculos ad nos convérte. Et Jesum, benedíctum fructum ventris tui nobis post hoc exsílíum osténde. O clemens, O pia, O dulcis Virgo María.

V. Ora pro nobis, sancta Dei Génitrix. **R.** Ut digni efficiámur promissionibus Christi.

Orémus.

OMNIPOTENS sempitérne Deus, qui gloriósæ Virgínis Matris Mariæ corpus et ánimam, ut dignum Fílii tui habitáculum effici mererétur, Spírítu Sancto cooperánte præparásti: da, ut cujus commemoratióne lætámur; ejus pia intercessióne, ab instántibus malis, et a morte perpétua liberémur. Per eúmdem Christum Dóminum nostrum. **R.** Amen.

V. * Divínium auxiliúm máneat semper nobíscum. **R.** Amen.

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