

11 December 2022

S. Damasus I, P.C.

AT PRIME

Our Father. Hail Mary. I believe.

✠ ✠ O God make speed to save me.

✠ O Lord, make haste to help me. Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now and ever shall be: world without end. Amen. Alleluia.

Hymn

Jam lucis orto sidere

NOW that the daylight fills the sky,
We lift our hearts to God on high,
That he, in all we do or say,
Would keep us free from harm today.

Would guard our hearts and tongues
from strife;

From anger's din would hide our life;
From all ill sights would turn our eyes;
Would close our ears to vanities:

Would keep our inmost conscience pure;
Our souls from folly would secure;
Would bid us check the pride of sense
With due and holy abstinence.

So we, when this new day is gone,
And night in turn is drawing on,
With conscience by the world unstained,
Shall praise his name for victory gained.

All honour, laud, and glory be,
O Jesu, Virgin-born, to thee;
Whom with the Father we adore,
And Holy Ghost, for evermore. Amen.

Ant. He that hath clean hands.

Psalm 24

THE earth is the Lord's, and all that
therein is; * the compass of the
world, and they that dwell therein.

For he hath founded it upon the seas, *
and prepared it upon the floods.

Who shall ascend into the hill of the
Lord? * or who shall rise up in his holy
place?

Even he that hath clean hands, and a

pure heart; * and that hath not lift up his
mind unto vanity, nor sworn to deceive
his neighbour.

He shall receive the blessing from the
Lord, * and righteousness from the God
of his salvation.

This is the generation of them that seek
him; * even of them that seek thy face, O
Jacob.

Lift up your heads, O ye gates, † and
be ye lift up, ye everlasting doors; * and
the King of glory shall come in.

Who is the King of glory? * It is the
Lord strong and mighty, even the Lord
mighty in battle.

Lift up your heads, O ye gates, † and
be ye lift up, ye everlasting doors; * and
the King of glory shall come in.

Who is the King of glory? * Even the
Lord of hosts, he is the King of glory.

Psalm 19, i

THE heavens declare the glory of
God; * and the firmament sheweth
his handy-work.

One day telleth another; * and one
night certifieth another.

There is neither speech nor language; *
but their voices are heard among them.

Their sound is gone out into all lands; *
and their words into the ends of the
world.

In them hath he set a tabernacle for the
sun; * which cometh forth as a
bridegroom out of his chamber, and
rejoiceth as a giant to run his course.

It goeth forth from the uttermost part of
the heaven, † and runneth about unto the
end of it again; * and there is nothing hid
from the heat thereof.

Psalm 19, ii

THE law of the Lord is an undefiled
law, converting the soul; * the
testimony of the Lord is sure, and giveth
wisdom unto the simple.

The statutes of the Lord are right, and rejoice the heart; * the commandment of the Lord is pure, and giveth light unto the eyes.

The fear of the Lord is clean, and endureth for ever; * the judgements of the Lord are true, and righteous altogether.

More to be desired are they than gold, yea, than much fine gold; * sweeter also than honey, and the honeycomb.

Moreover, by them is thy servant taught; * and in keeping of them there is great reward.

Who can tell how oft he offendeth? * O cleanse thou me from my secret faults.

Keep thy servant also from presumptuous sins, lest they get the dominion over me; * so shall I be undefiled, and innocent from the great offence.

Let the words of my mouth, and the meditation of my heart, be always acceptable in thy sight, * O Lord, my strength, and my redeemer.

Ant. He that hath clean hands and a pure heart shall ascend into the hill of the Lord.

Chapter

I Tim. 1, 17

UNTO the King eternal, immortal, invisible, † the only wise God, be honour and glory * for ever and ever. Amen. **R.** Thanks be to God.

Br. **R.** O Christ, Son of the living God, * Have mercy upon us. O Christ. **V.** Thou that art about to come into the world. Have mercy. Glory be. O Christ.

V. O Christ, arise, help us. **R.** And deliver us for thy Name's sake.

V. O Lord, hear my prayer. **R.** And let my cry come unto thee.

Let us pray.

OLORD God Almighty, who hast brought us to the beginning of this day: defend us in the same with thy

mighty power; that we may not this day fall into any sin, but that all our thoughts, words, and works may be directed to the fulfilment of thy righteousness. Through. **R.** Amen.

V. O Lord, hear my prayer. **R.** And let my cry come unto thee.

V. Let us bless the Lord. **R.** Thanks be to God.

Then, the Martryology is read, and concludes:

V. And elsewhere many other holy martyrs, confessors, and holy virgins. **R.** Thanks be to God.

Then the Officiant says:

V. Right dear in the sight of the Lord. **R.** Is the death of his Saints.

MAY holy Mary and all the Saints intercede for us to the Lord: that we may be worthy to obtain from him help and salvation, who liveth and reigneth for ever and ever. **R.** Amen.

V. O God make speed to save me. **R.** O Lord, make haste to help me.

This is said thrice; then follows:

Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now and ever shall be: world without end. Amen.

Kýrie eléison. Christe eléison. Kýrie eléison.

Our Father **secretly until** **V.** And lead us not into temptation. **R.** But deliver us from evil.

V. Show thy servants thy work, O Lord, and their children thy glory. **R.** And the glorious Majesty of the Lord our God be upon us; prosper thou the work of our hands upon us, O prosper thou our handy-work.

V. Glory be to the Father, and to the Son, and to the Holy Ghost. **R.** As it was

in the beginning, is now and ever shall be: world without end. Amen.

Let us pray.

OLORD God, King of heaven and earth, vouchsafe this day to direct and sanctify, to rule and govern our hearts and bodies, our thoughts, words, and deeds, in the ways of thy laws, and in the works of thy commandments; that by thy help we may be saved and delivered both now and ever, O Saviour of the world. Who livest and reignest, world without end. *R.* Amen.

V. Pray, Sir, give me thy blessing.

Blessing. May the Lord Almighty order our days and our doings in his peace. *R.* Amen.

Short Lesson *Ecclus. 45, 15*

HE blessed him with Glory, that he should execute the office of the priesthood, † to bless the people in his Name, * and to offer sacrifice to the Lord, incense, and a sweet savour. But thou, O Lord, have mercy upon us. *R.* Thanks be to God.

V. Our help ✠ is in the name of the Lord. *R.* Who hath made heaven and earth.

V. Bless ye. *R.* May God bless us.

Blessing. May the Lord bless us, keep us from all evil, and bring us to life everlasting. ✠ And may the souls of the faithful, through the mercy of God, rest in peace. *R.* Amen.

AT TERCE

V. ✠ O God make speed to save me.

R. O Lord, make haste to help me. Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning, is now and ever shall be: world without end. Amen. Alleluia.

Hymn *Nunc Sancte nobis Spiritus*

COME, Holy Ghost, who ever One Art with the Father and the Son;

Come, Holy Ghost, our souls possess With thy full flood of holiness.

By every power, by heart and tongue, By act and deed, thy praise be sung: In flame with perfect love each sense, That others' souls may kindle thence.

All honour, laud, and glory be, O Jesu, Virgin-born, to thee; Whom with the Father we adore, And Holy Ghost, for evermore. Amen.

Ant. My light.

Psalm 27, i

THE Lord is my light, and my salvation; † whom then shall I fear? * the Lord is the strength of my life; of whom then shall I be afraid?

When the wicked, even mine enemies and my foes, † came upon me to eat up my flesh, * they stumbled and fell.

Though an host of men were laid against me, yet shall not my heart be afraid; * and though there rose up war against me, yet will I put my trust in him.

One thing have I desired of the Lord, which I will require; * even that I may dwell in the house of the Lord all the days of my life, to behold the fair beauty of the Lord, and to visit his temple.

For in the time of trouble he shall hide me in his tabernacle; * yea, in the secret place of his dwelling shall he hide me, and set me up upon a rock of stone.

And now shall he lift up mine head * above mine enemies round about me.

Therefore will I offer in his dwelling an oblation with great gladness: * I will sing and speak praises unto the Lord.

Psalm 27, ii

HEARKEN unto my voice, O Lord, when I cry unto thee; * have mercy upon me, and hear me.

My heart hath talked of thee, Seek ye my face: * Thy face, Lord, will I seek.

O hide not thou thy face from me, * nor cast thy servant away in displeasure.

Thou hast been my succour; * leave me not, neither forsake me, O God of my salvation.

When my father and my mother forsake me, * the Lord taketh me up.

Teach me thy way, O Lord, * and lead me in the right way, because of mine enemies.

Deliver me not over into the will of mine adversaries: * for there are false witnesses risen up against me, and such as speak wrong.

I should utterly have fainted, * but that I believe verily to see the goodness of the Lord in the land of the living.

O tarry thou the Lord's leisure; * be strong, and he shall comfort thine heart; and put thou thy trust in the Lord.

Psalm 28

UNTO thee will I cry, O Lord my strength: * think no scorn of me; lest, if thou make as though thou hearest not, I come like them that go down into the pit.

Hear the voice of my humble petitions, when I cry unto thee; * when I hold up my hands towards the mercy-seat of thy holy temple.

O pluck me not away, neither destroy me with the ungodly and wicked doers, * which speak friendly to their neighbours, but imagine mischief in their hearts.

Reward them according to their deeds, * and according to the wickedness of their own inventions.

Recompense them after the work of their hands; * pay them that they have deserved.

For they regard not in their mind the works of the Lord, † nor the operation of his hands; * therefore shall he break them down, and not build them up.

Praised be the Lord; * for he hath heard the voice of my humble petitions.

The Lord is my strength, and my shield; † my heart hath trusted in him,

and I am helped; * therefore my heart danceth for joy, and in my song will I praise him.

The Lord is my strength, * and he is the wholesome defence of his Anointed.

O save thy people, and give thy blessing unto thine inheritance: * feed them, and set them up for ever.

Ant. My light and my salvation is the Lord.

Chapter

Ecclus. 44, 16

BEHOLD a great priest who in his days pleased the Lord, † and was found righteous, * and in the time of wrath he was taken in exchange for the world. **R.** Thanks be to God.

Br. **R.** The Lord loved him * And adorned him. The Lord. **V.** He clothed him with a robe of glory. And adorned him. Glory be. The Lord.

V. The Lord chose him out of all men living as a priest unto himself. **R.** To offer to him the Sacrifice of thanksgiving.

V. O Lord, hear my prayer. **R.** And let my cry come unto thee.

Let us pray.

OVERLASTING Shepherd, look down in mercy on thy flock: and as thou didst choose blessed Damasus, thy Supreme Pontiff to be pastor and ruler of thy Church; so at his intercession defend it with thy continual protection. Through. **R.** Amen.

V. O Lord, hear my prayer. **R.** And let my cry come unto thee.

V. Let us bless the Lord. **R.** Thanks be to God.

V. ✠ May the souls of the faithful, through the mercy of God, rest in peace. **R.** Amen.

Our Father, **secretly.**

V. ✠ Dóminus det nobis suam pacem. **R.** Et vitam ætérnam. Amen.

Ant. Alma * Redemptóris Mater, quæ pèrvia cæli porta manes, et stella maris, succúrre cadénti, súrgere qui curat pópulo: tu quæ genuísti, natúra miránte, tuum sanctum Genitórem: Virgo prius ac postérius, Gabriélis ab ore sumens illud Ave, peccatórum miserére.

☩ Angelus Dómini nuntiávit Mariæ.
☩ Et concépit de Spíritu Sancto.

Orémus.

GRATIAM tuam, quæsumus Dómine, méntibus nostris infúnde: ut, qui, Angelo nuntiánte, Christi Fílii tui incarnatiónem cognóvimus; per passiónem ejus et crucem, ad resurrectiόνis glóriam perducámur. Per eúndem Christum Dóminum nostrum.
☩ Amen.

☩ ✠ Divínium auxiliúm máneat semper nobíscum. ☩ Amen.

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